

# UNIVERSITY OF NORTH BENGAL

B.A. Honours 2nd Semester Examination, 2024

## **GE1-P2-EDUCATION**

#### NEW AND OLD SYLLABUS

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

The Question paper consists of GE-2A and GE-2B. The Candidates have to answer any one from the two sets. Candidates should mention it clearly on the Answer Book.

#### GE-2A

## YOGA EDUCATION

## **GROUP-A**

	Answer any four questions from the following	$3 \times 4 = 12$
1.	What are the basic principles of Samkhya Philosophy?	. 3
2.	What do you mean by Stress?	3
3.	Define Yoga Education.	3
4.	Write the different types of Yoga.	3
5	Write three aims of Yoga Education.	3
6.	What do you mean by Ashtanga Yoga?	3
		9
	GROUP-B	
	Answer any four questions from the following	6×4 = 24
7.	Explain the characteristics of Yoga Education.	6
8.	Discuss the importance of Yoga in the present context.	6
9. <	Describe the need of Yoga for healthy life style.	6
10.	Discuss how Yoga has been reflected in Bhagvad Gita.	- 6
11.	How Yoga Education is explained in yoga philosophy?	6
12.	What are the objectives of health education in school curriculum?	6
	GROUP-C	
	Answer any two questions from the following	$12 \times 2 = 24$
13.	Write a note on the role of teacher in implementing Yoga Education.	12

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14.	Explain the general guidelines for performing Yoga Education.	12
15.	Discuss the health related problems and need of Yoga in this regard.	6+6
16.	Analyse the relation between Yoga Philosophy and Yoga Education.	12
	OR	
	GE-2B	
	HUMAN RIGHTS EDUCATION	4
	GROUP-A	N
	Answer any four questions from the following	$3 \times 4 = 12$
1.	What do you mean by Unity in Diversity?	3
2	What are the duties of media to protect Human Rights?	3
3.	Write any three roles of High Court as a Human Rights enforcement mechanism in India.	3
4.	Mention any three limitations of Human Rights.	3
5.	What do you mean by Human Rights in Education?	3
6.	What are the advocacy groups in spreading Human Rights Education?	3
	GROUP-B	
	Answer any four questions from the following	$6 \times 4 = 24$
7.	Explain the objectives of Human Rights Commission.	6
8.	Explain the role of Supreme Court as a Human Rights enforcement mechanism in India.	6
9.	Write a note on "Education and Human Values".	6
10.	Discuss the duties of United Nations in protecting Human Rights.	6
11.	Explain the roles of educational institution as an advocacy group.	6
12.	Discuss the significance of Human Rights in Education.	6
	GROUP-C	
	Answer any two questions from the following	$12 \times 2 = 24$
13.	Write a note on the role of NGOs on advocacy group in India.	12
14.	Discuss about the National perspectives of Human Rights.	12
15.	Explain Human Rights Act, 1993.	12
16.	Write short notes on:	6+6
	(a) Liberty (b) Equality.	