



'সমানো মন্ত্র: সমিতি: সমানী'

**UNIVERSITY OF NORTH BENGAL**  
B.A. Honours 3rd Semester Examination, 2023

**SEC1-P1-PHILOSOPHY**

Time Allotted: 2 Hours

Full Marks: 60

*The figures in the margin indicate full marks.*

**SECTION-I**

1. Answer any *four* questions of the following: 3×4 = 12
- (a) What are the basic skills of Counselling? 3
  - (b) What do you mean by "non-possessive warmth" of a Counsellor? 3
  - (c) Is aggressive communication harmful for mental health? 3
  - (d) What do you mean by active listening? 3
  - (e) What is the difference between confidentiality and privacy or secrecy? 3
  - (f) What kind of therapy is introduced by Carl Rogers? 3

**SECTION-II**

2. Answer any *four* questions of the following: 6×4 = 24
- (a) Discuss the object of Counselling. 6
  - (b) Discuss the qualities of a Counsellor in brief. 6
  - (c) What is the difference between a Psychiatrist and a Counsellor? 6
  - (d) Describe the relation between a Counsellor and a Client. 6
  - (e) What do you mean by mental stance of a Counsellor? 6
  - (f) What is the importance of Empathy in Counselling? 6

**SECTION-III**

3. Answer any *two* questions of the following: 12×2 = 24
- (a) What do you mean by listening? Why listening is important in Counselling? 4+8
  - (b) Explain with examples the different types of responses made by a Counsellor while attending a Client. 12
  - (c) What is Confidentiality in Counselling? What kind of moral dilemma can be found centering round confidentiality in Counselling? Discuss. 4+8
  - (d) Discuss the basic attitudes / core conditions for counselling following Carl Rogers. 12

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