



# MAYNAGURI COLLEGE

(Accredited by NAAC - "B+")

P.O. Maynaguri, Dist.- Jalpaiguri, W.B., Pin - 735224. Ph.: 03561 234298  
E-mail: maynaguricollege@rediffmail.com, collegemaynaguri@gmail.com

Ref. No. ....

Date .....

## Awareness Camp on Girls' Education, Diet, and Right Age for Marriage

Organized by: NSS Unit, Maynaguri College

Date: 11th September 2018

Venue: Maynaguri College

### Introduction:

The NSS unit of Maynaguri College organized an awareness camp focusing on girls' education, diet, and the right age for marriage. The camp aimed to address critical issues affecting girls' well-being and provide knowledge to empower them to make informed decisions.

Number of Participants: 605


### List of Participants

### Activities and Sessions:

1. **Educational Workshops:** Experts conducted workshops on the importance of education in a girl's life. They highlighted career opportunities and the role of education in breaking societal stereotypes.



**Nutritional Awareness:** A session was held to educate girls about the importance of a balanced diet for their health and well-being. The session included tips on healthy eating habits and the significance of different nutrients.

  
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**Legal Rights and Marriage:** Legal experts discussed the legal rights of girls, including the legal age for marriage and the consequences of child marriage. They also emphasized the importance of delaying marriage for personal and societal development.



**Interactive Sessions:** Interactive sessions were conducted to engage the participants actively. They were encouraged to share their views and experiences, creating a lively and participative atmosphere.

  
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**Question and Answer Session:** A dedicated question and answer session allowed participants to seek clarifications and deepen their understanding of the topics discussed.

## Outcomes:

- Increased awareness among participants about the importance of education for girls.
- Enhanced knowledge about the significance of a balanced diet for overall health.
- Improved understanding of legal rights, especially regarding the right age for marriage.
- Empowerment of girls to make informed decisions about their education and personal lives.

## Conclusion:

The awareness camp on girls' education, diet, and the right age for marriage organized by the NSS unit of Maynaguri College was highly successful in achieving its objectives. It empowered girls with knowledge and awareness, enabling them to make informed choices for a better future.

  
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